

Story of Change for People and the System through the West Glamorgan Regional Partnership



Partneriaeth
Ranbarthol
Gorllewin
Morgannwg

West
Glamorgan
Regional
Partnership

Reporting Period: Quarter 4 Cumulative 2022-23 Financial Year

Programme Overview	TITLE: West Glamorgan Children and Young People Programme
	<p>The Children and Young People [CYP] Programme covers the services and support for people who are under the age of 18. This programme focuses on children and young people who require specialist support from health and social care, such as children who are looked after by the local authority and children and young people with complex needs such as mental health conditions. This includes supporting children and young people who receive services and support as they transition into adulthood, where they may receive a different type of service as an adult. An underlying principle of this work is to follow a 'whole systems approach' to change which will form a part of a new framework across health and social care services for children and young people (covering statutory and voluntary sectors).</p> <p>Our vision for this programme is that services across West Glamorgan support children and young people to be safe, healthy and prosperous. To achieve this, we will need to work closely with CYP, their carers, their families, local communities and other important stakeholders such as Education in order to hear the 'voice of the child' and understand their rights/needs and what matters to them, in order to co-produce services and support that will meet their needs.</p> <p>In order to achieve our vision, our mission for the next five years will be to deliver the following strategic outcomes:</p> <ul style="list-style-type: none"> • Supporting CYP to remain within their family. • CYP with emotional well-being and mental health needs have access to the right services at the right time to prevent escalation of need • CYP with complex needs have access to the right services at the right time to meet their needs. • Young People who need to transition to adult services have help to do so at the right time. • More CYP have their needs met closer to their home.

RBA Performance Accountability	SECTION GUIDANCE NOTE: This section of the report focusses on the performance accountability of the RBA methodology (delivery of programmes). It should demonstrate the activities enabled by RIF funding/programmes, and demonstrate how person-centred outcomes are being achieved. You can copy and paste infographics, etc. from the excel tool to add to the reporting and include person/project case studies as supporting evidence/sharing of good practice.
	Quantitative Measures
	<p>Nineteen projects with RIF investment of £2,687,575 delivered support for two primary models of care for 'Promoting good emotional health and wellbeing' and 'Supporting families to stay together safely and therapeutic support for care experienced children'.</p> <p>A total of 4,313 enquiries and 3,436 referrals to a range of services and agencies. Of which 1,499 families and 7,893 children and young people have been supported by the projects in a number of ways. These range from:</p> <ul style="list-style-type: none"> ○ integrated interventions to support young people on the edge of care/care experienced, to reduce the need for escalation) more intensive forms of support, ○ early intervention and prevention play support for children with emotional difficulties, wellbeing or mental health issues and those with learning disabilities, Autism and behavioural issues, ○ building positive and resilient family relationships

- supporting the parent / family of those with early traumatic experiences which result in many children with an adoption plan having complex psychological, social and emotional needs. This can have a profound effect on the psychological health and well-being of the family as a whole
- early help hubs that ensure children and families have access to the right support at the right time from the right person, including information, advice and assistance,
- immediate support for those at high risk of suicide,
- sexual violence support and counselling,
- CBT evidence-based programme which combines coping skills and physical exercise to build resilience and reduce depressive/anxiety indicators,
- regular social and physical activities to improve mental health well-being of children and young people with Chinese heritage.

Supporting families to stay together safely and therapeutic support for care experienced children

There are **three statutory initiatives** funded through **RIF (£1,772,402)** which offer a range of support that aims to strengthen the offer for '**Supporting families to stay together safely and therapeutic support for care experienced children**'. These are split into intensive support and specialist support.

Therapeutic Support (intensive support)

The **Multi Agency Therapeutic Support Service** provides support to vulnerable families with complex issues, and where there may be a possibility that a child or children could be taken into care.

By providing a preventative approach the model brings all therapeutic service provision together to create a much larger Multi Agency Therapeutic Support Service. The service delivers a brokerage type system that ensures consistency in referral information and response avoiding the need for residential care due to placement instability. **47 children and young people** received therapeutic intervention from Oct to March 2023.

Edge of Care (intensive support)

Working Together works intensively over multiple weeks in the home environment as well as in *intensive residential setting if needed (*Swansea only). It provides families with the help they need to ensure children and young people grow up in conditions that are safe, that do not impact negatively on their well-being, and allow them to develop to their full potential. There have been **667 referrals to the service with 734 children and young and 330 families** supported by the service, this includes children previously referred but still receiving a service.

Specialist Support

Western Bay Post Adoption Service provides specialist support to the parent / family which recognises the impact of early traumatic experiences which result in many children with an adoption plan having complex psychological, social and emotional needs which can have a profound effect on the psychological health and well-being of the family as a whole. Services offered under this project include:

- **Pre-Adoption:** this project supported **130** families with pre-placement consultations from the therapeutic service. A total of **339** therapeutic intervention sessions held, of which were with children themselves, child and parents, and adoptive parents.
- **Post Adoption:** this project supported **123** families with consultations from the therapeutic service. A total of **1301** therapeutic intervention sessions held, of which were with children themselves, child and parents, and adoptive parents.

Literature and clinical expertise indicate that many adoptive parents find the task of building a secure attachment relationship with a traumatised child significantly challenging. The service provided by Post Adoption demonstrates the value of the interventions in allowing children and families to build strong foundations for them to stay together.

Promoting Good Emotional Health and Wellbeing

There are **16 projects** funded via **RIF (£915,173)** which offer a range of support under the **Promoting good emotional health and wellbeing'** model of care. These are split into 4 categories:

- Early help and support
- Third Sector Early help and Wellbeing Support
- Emotional Wellbeing and mental health support
- Specialist Support

Early Help and Support

The **Early Help Hubs in Swansea** ensures that support is available to children and families to live happy, healthy and safe lives and that they have access to the right support at the right time from the right person regardless of age or location. Work is integrated with partners and utilises community assets on what matters to the families. Using a locality-based hub structure and a single point of contact for professionals, the Early Help Hub model co-locates and brings services into one structure and utilises community assets to provide child or early years work, youth work and whole family work. There were **4313 enquiries**, **2659** referrals and **1614** supported by Early Help Hubs in Swansea with **3926** new individuals engaging with the service.

NPT are currently looking to develop a family hub in Sandfields in Port Talbot, through the regional *capital* funding. The development of the 'hub' project has been informed from learning from Swansea's 'Early Help Hubs'. This project will create the first family support hub within Neath Port Talbot, therefore, the learning gained from others has been helpful in the project's development and it is clear the community benefits achieved from other hubs can be realised in Neath Port Talbot.

Third Sector Early help and Wellbeing Support

Interplay Project is for 12–18-year-olds with emotional difficulties and wellbeing or mental health issues and those with learning disabilities, autism and behavioural issues that lead to social barriers that make accessing mainstream social opportunities challenging. Interplay provides a skills-based provision that increases young people's confidence and wellbeing through leisure activities, social opportunities and wellbeing sessions, enabling them to access wellbeing support, new experiences, learn new skills, expand their outlook on the world and have a better understanding of their own future potential. **35** young people were supported by Interplay via **51** wellbeing activities.

Swansea Autism Movement CIC supports autistic children/young people, their siblings and parents and carers through peer to peer. The aim is to develop the resilience and wellbeing of the autism community by connecting families through activities. Services offered under this project include age appropriate, safe, inclusive, and flexible activities for the whole family. **1090** families were supported by well-being activities such as family cinema event, parent carer connect wellbeing events and **27** families receiving a respite holiday to Bluestone. The projects holistic approach supports the autism community to stay active reducing loneliness and isolation, supporting everyone's mental and physical health long term.

The project Bouncing Back Plus (Action for Children/Ospreys) is a lower-level, early intervention, resilience building programme which delivers the teaching of 12 DBT (Dialectical Behaviour Therapy) & CBT (Cognitive Behavioural Therapy) skills to children which combines coping skills and physical exercise to build resilience and reduce depressive/anxiety indicators. **1065** young people were supported in **22 schools** and **43 groups** through sessions with a focus on group discussion and practical tools/coping skills, enabling young people to manage their day-to-day emotional wellbeing as well as being supported to understand their feelings, the journey to the feelings, and the things that they can do to be more positive. This approach helps young people identify when they need help and who to ask building knowledge and resilience to improve their emotional health and wellbeing.

The Farm Ways to Well Being Project (Swansea Community Farm) supported **286** children to access hands on animals' experience to support their mental health. Working with **21** young families via play sessions and young people who are currently not attending mainstream education

full time or are struggling in the mainstream environment due to behavioural or mental health issues attended. This service has delivered meaningful animal-based activities and hands on experiences, building relationships with young volunteers who have been returning on a regular basis and engaging well in the sessions. These wellbeing activities help improve their mental health and wellbeing from being outside and reconnecting with nature.

Care for Our Children delivered by the Chinese in Wales Association supported **146** children and young people and **14** families to access social/physical activities and counselling. Services offered under this project include **15** activities ranging from a young people wellbeing day, Woodlake survival day, Cross boarder youth summer party and a youth group as well as **7** counselling sessions.

Swans Foundation supported **251** children through education and mental health support through in-schools projects and out of school youth work activities. Services offered under this project include sessions to cover emotional and social wellbeing and communication skills and emotional literacy. **85** Health & Wellbeing sessions delivered enabling young people to identify emotions and express themselves assertively, active listening skills, develop empathy and learn how to support others and conflict resolution skills.

Swansea MAD received **68** enquiries, **81** referrals and supported **303** children and young people. Funding has enabled the delivery of weekly wellbeing activities; including Arts/Cultural/Environmental workshops for young people in Swansea and Neath Port Talbot aged 11-25. Young people will include those who are disabled, Black/non-Black people of colour, neurodiverse, LGBT+, young carers and parents, refugees and asylum seekers and young people from Gypsy, Roma and Traveller communities, who have been disproportionately affected by COVID-19, experiencing increased mental health problems/isolation/loneliness/digital/social exclusion.

Emotional wellbeing and mental health support

Brighter futures, ACE recovery, Faith in Families project provided **502** children one-one sessions, as well as group work interventions in primary and comprehensive schools. Based in some of the most deprived areas they work with families via 3 family centres delivering a range of services aimed at improving mental and physical health. These activities run by this project address issues, develop solution focused thinking, and engage in activities that encourage positive mental health and resilience delivering interventions and activities that have a real impact on the children's lives; supporting them to be the best they can be and improving their childhood emotional health and wellbeing.

The Play Room, Family Therapy Place delivered **188** therapy sessions. Services offered under this project include play therapy, one to one and group therapy, counselling, and family support. Trained counsellors work with young people to alleviate distress and to cope with such issues as parenting and attachment issues, childhood adverse experiences, anxiety, depression, trauma, suicidal thoughts, eating disorders, self-harm, and OCD. These therapies are particularly helpful for children with attachment and separation difficulties who have been adopted and separated from their birth parents. Services offered under this project support families to stay together as well as building emotional health and wellbeing resilience.

Delivered by Children and Young People Play and Activities Project and organised by Swansea Women's Aid through the support of the Play & Activities worker, it includes delivery of play and activity programmes including workshops, group work, trips and fun activities sessions. It includes child-led planning and focuses on children and young people impacted by domestic abuse. **54 children and young people** have accessed activities creating the opportunity for socialising with others. The project aims to improve the mental and physical wellbeing of the children and young people and services offered under this project include opportunities with peers that enable them to feel less isolated, more understood and therefore less stigmatised by their experiences. The service provided by this project offer families a break from the pressures of having children at home and for children and young people, it offers them the chance to play away from the home in a supported environment, delivering on the models of care of keeping families together safely and supporting emotional health and wellbeing.

16 young people were supported by this scheme in NPT, provided by Dewis. The funding secured a Well Being worker with a background in Mental Health, to address a significant rise in the number of young people aged 16-25 presenting with wellbeing or mental health flagged within their referral, or where we have concerns regarding their wellbeing or low level mental health (including self-harm) resulting in the isolation created during the height of the pandemic and beyond.

Specialist Support

The Jac Lewis Foundation provides specialist rapid response meetings in collaboration with the police and Swansea Bay Health Board to provide counselling and support to Swansea and Neath Port Talbot residents who have been affected by suicide. The project links with the regional safeguarding leads to be alerted to an attempted suicide where the foundation contacts the person and offer immediate support from qualified and experienced psychotherapists. Of the **125** individuals that are at risk of; or vulnerable to completing suicide **104** received support by the service with access to immediate counselling and mental health support providing necessary intervention to enable increased emotional health and wellbeing of those individuals at risk.

74 children (aged 3-25) received therapeutic counselling services delivered by New Pathways Project addressing the growing demand for sexual violence support and counselling in the Swansea, Neath and Port Talbot Area. The service has provided sexual violence counselling for children and young people assisting to help clear the current children’s waiting list and allow us to allocate services promptly to children and young people on referral.

The Swans Foundation delivered staff training with professionals that work directly with children and their families benefitting from upskilling thus providing necessary skills to support those who are more vulnerable and in need of emotional health and well-being interventions. Additionally, providing information, advice and assistance to both professionals/practitioners and with children, young people and their families.

Qualitative Indicators

Using the difference made measures provide clear examples of changes made to the system that have improved people’s lives. In the narrative we should include difference made for people, multiple stakeholder perspectives and include any person-centred case studies.

Supporting families to stay together safely and therapeutic support for care experienced children

Edge of Care (intensive support)

Feedback of surveys completed from the **Working Together project** reported **100%** rating the service as **5***. At the end of the intervention, **327** desired outcomes were achieved, **151** parents stated they felt more able to meet their child/young person’s needs and **99%** of children who received support from this service did not become looked after.

100% of parents accessed adoption support through the **Western Bay Post Adoption Service** reported that the **service was very useful**. Feedback from the ‘**Understanding the Child Day**’ held by the service included:

Foster parents	<i>Informative and well presented. Everyone felt comfortable about joining in and I felt my contribution and opinion were valued’.</i>
Supervising Social worker	<i>‘I feel more confident that adopters are going in with their eyes open’. ‘It has been an amazing experience being part of this day. The organisation, structure, clarity has been brilliant. We would never have gained this level of understanding about the children without this day. Absolutely fantastic. Thank you’.</i>
Child care setting/school	<i>‘I knew the children had had trauma however hearing first hand gives even more empathy and understanding’</i>

'The information shared by professionals was excellent and gave a clear overview of X and his birth family.'

School teacher *I was aware that early experiences with would have an impact that it was very useful to talk through child development theory at the start of the day. It really helped me pull everything together as we spoke. The information from everyone involved has been invaluable. I feel far more able to support the children going forward.'*

Promoting Good Emotional Health and Wellbeing

The services and support offered by the Early Help hubs enabled **2054** cases to be closed in the period with a total of **410** children, young people being stepped down from social services with **130** cases stepped up to Children's Social Services. This is significant in reducing the need for stepped up cases to social services. There were **763** closed cases that completed an end of service 'distance travelled evaluation with **1060** cases closed with a positive outcome.

Third Sector Early Help and Wellbeing Support

Over **88%** of participants of the Swans Foundation intervention supporting education and mental health support to, children and young people achieved the following desired outcomes:

- **88%** children & young people confirmed improvement in communication & social skills
- **89%** children & young people confirmed increase in confidence & self esteem
- **94%** children & young people confirmed increased understanding of emotional health & wellbeing.

80% of the users of Care for Our Children project counselling sessions reported improved mental status. Through the delivery of the activities, staff members reported noticing how young people were 'more happy' and confident as the project progressed. Young people demonstrated the ability to voice their opinions, often providing constructive feedback on how to improve and meet their needs and giving ideas for future activities. The project surpassed the initial target by double the number of attendants attending the social/physical activities many of whom have returned to the service for further activities.

The Care for our Children project saw an increase in registered children and young people members with over **30%** in the first two quarters compared to last financial year end. **100%** positive feedback received from the participants:

- *"I am really enjoy the cooking/marshmallow toasting/I want to toast another marshmallows"*
- *"Our team is the best."*
- *"We all have great fun and learnt a lot from the activities"*
- *"This is so fun."*
- *"Can we come again?"*

All the counselling service users' scores for their stress level reduced with many young people who were able to attend activities reporting they thoroughly enjoyed and would attend again in the future.

Children and young people accessing the services provided by Action for Children/Ospreys have through their self-reported distance travelled, evidenced:

- A shared understanding of emotional and physical wellbeing
- An increase in confidence and self esteem
- More information/skills in how to manage emotional and physical wellbeing, with tools supporting them to be more resilient
- A greater awareness of how and when to seek further support for their mental health
- Skills to reduce the impact of emotional distress

Reporting the following outcomes:

- **93%** Know when to ask for help:
- **96.5%** Confidence increased a lot/a little:
- **96.5%** Ability to cope with stress increased a lot/a little:
- **96.5 %** Physically activity positive impact on well-being a lot/a little
- **90.5%** Play more sport:

The teaching staff are also able to highlight their own confidence, awareness and emotional wellbeing as well as that of their students. All schools were invited to a beach festival as a celebratory event in July 22.

The Swansea Autism Movement service addresses the various problems families face in their daily lives which can often lead to higher anxiety and stress and a feeling of being alone and isolated resulting in helping to reduce the strain on health and social care. **92%** of children/families reported an improvement in emotional health from participating in the Swansea Autism Movement activities. **85.4%** reported feeling less isolated and **92.3%** improvement in confidence levels. A total of **99%** of families have reported the events hosted as being extremely beneficial in terms of our measures (improving communication skills/making new friendships or building on existing friendships/ benefitting mental health and wellbeing/ learning a new skill/ having fun).

Feedback from one parent: *'At a time when my daughter was so very poorly and we didnt know where to turn, the support I received from your team and other parents in the group really did keep me afloat. The fact that B has gone from not being able to come out of her room hardly, to now being excited about starting college is down to the supportive hug you have all given us in the way of listening to us, hearing us, signposting to other services, and telling us your own experiences to give us hope. SAM really is one big amazing family of caring supportive people and we are so grateful.'*

CYP supported by Brighter Futures (ACE Recovery) reported:

- **62.5%** of children have been attending school on a more regular basis and attendance has improved.
- **62.5%** of children have reported that they are achieving more academically.
- **85%** of children have reported that they are happier and have develop healthy friendships.
- **87.5%** of children are now able to recognise and name their emotions.
- **85%** of children are stating that they are more confident.
- **82.5%** of children are showing/demonstrating that they are becoming more resilient and be able to regulate their feelings.
- **82.5%** of children have developed their voice and ability to use it positively.

This shows direct correlation as a result of the intervention.

28 families reported being able to cope with own emotions who were supported by Interplay stating had a better understanding of how to keep themselves healthy. **79%** report that by accessing the project that their child has improved behaviour and is emotionally more resilient with **90%** reporting that accessing the project has improved the family dynamic. **80%** of referrals contacted within **72 hours** of receipt by Interplay, providing individuals with timely early preventative support. Interplay saw **96%** of families rating the intervention support as good or excellent.

100% of those participants who responded in Swansea MAD project have reported having improved access to support networks, opportunities and peer and professional support, contributing to reduced isolation/loneliness and better connected communities.

Staff training sessions run by the Swans Foundation have supported **20** members of Foundation staff with increased awareness, knowledge and practical skills to support children and young people. Through this training, funding has equipped tutors/trainers and youth workers as well as Foundation football coach staff to feel confident to engage in a conversation with participants about their wellbeing, and know what to say and how to support participants with their mental health and wellbeing. They have reported an increase in their knowledge and understanding of mental health and wellbeing, awareness of and in a good position to help participants experience the benefits of physical activity on their mental health and wellbeing, confidence to engage in a conversation with young people about their wellbeing, confidence to support young people with their mental health and wellbeing, know where to signpost those who are experiencing mental health problems, know what to do if someone is experiencing a mental health crisis, and increased awareness of how to care for their own wellbeing.

The funding allocated to the Well Being Worker (Dewis) has enabled positive outcomes seeing the children and young people being supported by housing solutions that increases the opportunity for better emotional health and wellbeing:

- **100%** Young people receive support in relation to low level mental health and wellbeing
- **100%** Young people are able to sustain their supported tenancy
- **90%** Young people make progress towards their support plan outcomes (including mental health and wellbeing outcomes)
- **100%** Young people feel safe and supported in their accommodation
- **85%** Young people move on into sustainable accommodation where resettlement support was offered or successful reintegration back to family
- **100%** of young people receive information, advice and know how to access support from community mental health and wellbeing services.

Emotional wellbeing and mental health support

Of the children and young people supported by 'Creating Connections', delivered by Swansea MAD, **100%** of children and young people reported having improved access to support networks, opportunities and peer and professional support, contributing to reduced isolation/loneliness and better-connected communities. This project offers inclusive safe spaces for young people to access advocacy, creative arts, education, campaigning activities and wellbeing projects to bring fairness and belonging:

Once children, young people/families had been referred to the Play and Activities Project delivered by Swansea Women's Aid supporting impact by domestic abuse project, they waited no longer than 1 week to be contacted by the P&A worker who invited them to play and activity sessions. CYP were able to attend play sessions whilst waiting for their 1:1 support with a support worker and were also able to attend sessions when 1:1 had ceased, thus providing ongoing contact with the service and allowing them to benefit from peer support. Outcomes reported:

- **94.5%** of those children attending the project reported enhanced emotional wellbeing.
- **92%** reported improved social skills.
- **96%** reported increased levels of confidence and self-esteem
- **90%** reported reduced need for more specialist support

The project has received very positive feedback from the participants, with some examples from parents noted below:

- *"I have nothing but good stuff to say: You were super-welcoming! The boys particularly enjoyed the farm, theatre, circus workshops and cinema club. We thoroughly enjoyed all the events so far and are looking forward to more of the lovely activities you are organising for the holidays."*
- *"The variety and delivery of these activities particularly suits kids and mums who are neuro-diverse – thanks so much!"*

Of the children and young people supported by Brighter Futures that supports **ACE recovery**:

- **75%** Children school attendance has improved.
- **75%** Children have achieved more academically.
- **96%** Children are happier and have developed healthy friendships.
- **98%** Children can recognise and name their emotions.
- **96%** Children have become more confident.
- **94%** Children have become more resilient and are able to regulate their feelings.
- **90%** Children have developed their voice and the ability to use it positively.

Specialist Support

The counselling provided for near miss suicide cases via the Jac Lewis Foundation project has provided a preventative service to decrease the risk of suicide and increase the wellbeing of the **144** persons that have referred into the project. Of the individuals referred into the project, none have gone onto commit suicide after receiving support from the project, reducing vulnerability to suicide and an increase in overall wellbeing through the ongoing support. The project has been able to deliver on the evidence of need shown through collaborative working with the regional local authorities, police and LHB. This project has taken the pressure off local mental health services, GP's and safeguarding teams within the regional local authorities. The project has ensured that

immediate support has been put in place for those at high risk of suicide within our communities. **100%** of individuals received immediate access to mental health support within 24 hours of referral.

Of those children who received therapeutic counselling services delivered by New Pathways Project, **80%** of children and young people had measurable improvement in clinical indicators/outcomes at the end of their time in counselling. **80%** of clients reported an improvement in health and **88%** of clients reported an improvement in their ability to cope with everyday life.

RBA Population Accountability

SECTION GUIDANCE NOTE:

This section of the report focusses on the population accountability of the RBA methodology (delivery of system change and wider system performance enabled by the programme/regional Model of Care – demonstrating contribution and learning to inform national models).

For Q4 reporting system level indicators have not been agreed, therefore, please reference any data you consider appropriate to aid identification of population indicators/system measures as part of the intended reflection exercise, and for future testing at Q1.

Transformation: Changes to System

What changes is the partnership making to the system and how – this needs to include the population cohort and include why this change has been successful. Here regions should provide learning information to share across Wales to support the embedding and development of National Models of Integrated Care

In West Glamorgan, we established a new governance arrangement following the pandemic in 2021, to re-establish the Children and Young People Programme reporting into our Transformation Board under the remit of the RPB. Our vision for this programme is that services across West Glamorgan support children and young people to be safe, healthy and prosperous.

There are a number of key projects within the CYP Programme and include the following workstreams:

1. **Transition** (from Child to Adult Services): Work is underway to co-produce, pilot and implement a Regional Transition Policy for Children, Young People with complex care needs to ensure smooth transition into adult services at the right time.
2. **Safe Accommodation**: Work is underway to consider a new model for safe, secure accommodation and wrap around support for Children and Young People with complex needs, with a focus on prevention and early intervention. This includes several capital schemes, funded through HCF, for internal residential children's homes supporting the rebalancing care agenda. Planning is underway for a new sanctuary service for children which will be provided 7 days a week, 24/7 to support
3. **Emotional and Mental Health** (Planning Group): The Emotional Wellbeing and Mental Health (EW&MH) planning group have committed to developing a regional EWBMH Strategy for CYP that dovetails a wider EW&MH Strategy that had been developed for adults. This will work towards improving the emotional well-being and mental health for Children, Young People and Families. Work continues to develop the 'No Wrong Door' approach to increase opportunities for access to the right service, at the right time, by the right provider and also to enhance information, advice and assistance services to support Emotional Wellbeing via digital platforms (Tidy Minds & Kooth).
4. **Participation and Engagement**: Work is underway to develop a robust communication and engagement plan that will ensure the voices of Children and Young People, Parents, Carers, Families, guardians and others are considered and heard. A best practice resource has been produced to demonstrate participation and engagement work with CYP across the region. A new working group will be established to support, involve and amplify the "Voice of the Child" when developing services, given this is a key priority for the region.

One of the key priorities of the Emotional Health and Well Being workstream has been to develop and implement the NEST/NYTH Framework. To date, the project has been working with local, regional and national partners on the development of a self-assessment and reporting tool,

RIF Financial Accountability	<p>scoping training and awareness evidencing a 'golden thread' across all programmes and workstreams, ensuring everything is aligned. A gap analysis of service provision is underway across the region to ensure future development of services/ provisions comply with the NEST/NYTH principles.</p>
	<p>GUIDANCE NOTE: There are two outcome <i>statements</i> aligned to the NMOC that have been included in the sections below. Provide an explanation as to how the project/programme activities are meeting the statements – to aid the test for Q4 please identify if any statements are measurable (please delete rows if not appropriate to your project/programme).</p>
	<p>Prevention & Community Co-ordination NMOC – outcome statements:</p> <ol style="list-style-type: none"> 1. People's well-being is improved through accessing co-ordinated community-based solutions 2. Local prevention and early intervention solutions support people to avoid escalation and crisis interventions
	<p>Emotional Health and Wellbeing</p> <ol style="list-style-type: none"> 1. People are better supported to take control over their own lives and well-being 2. People have improved skills, knowledge and confidence to be independent in recognising their own well-being needs
	<p>See text above</p>
	<p>Home from Hospital</p> <ol style="list-style-type: none"> 1. People go home from hospital in a more timely manner with the necessary support in place at discharge 2. People have a better understanding of the discharge process and are more involved in pre and post discharge planning

RIF Financial Accountability	<p>Financial and Economic Data</p>
	<p>Supporting families to stay together by empowering them to take positive steps to change and improve their lives whilst addressing any safeguarding concerns is a key priority for the region. By focussing on this key area of work it will make a critical contribution to the reduction in the number of looked after children. More importantly it supports the emotional health and wellbeing of the children and families supporting the children to remain safe, healthy and prosperous within the family home.</p> <p>For every child that is prevented from coming into care there is an approximate cost avoidance saving of £5,000 per week, £260,000 per year.</p> <p>Investing in more therapeutic, edge of care and specialist type services, under the model of care for supporting families to stay together, together with early help and wellbeing support and emotional wellbeing and mental health support, under the model of care for promoting good emotional health and wellbeing is key to supporting more families and children, thereby reducing potential future numbers and associated costs of looked after children.</p>